

Cedar Sinai Park

Schmoozletter

February 15—21, 2026

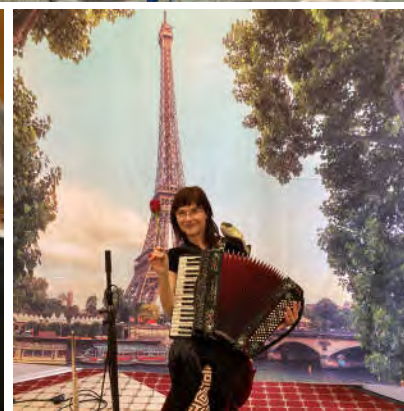


Residents of the Rose Schnitzer Manor visiting the Schnitzer Collection on NW Yeon Ave, Portland.



www.cedarsinaipark.org

Valentine Celebrations



The Purim Shpiel 2026/5786 is called
JOY GEVALT!

This year we start in the heart and speak truth to power!
Lots of solo and group parts.
No experience required. Let the joy begin!

Rehearsals will be Thursday afternoons and Monday evenings.
Contact Cathy Z. at ext. 4038 to get involved and/or ask questions.

Purim is March 2nd & 3rd.

Rose Schnitzer Manor Weekly Activities

Sunday February 15, 2026

- 1:00 PM Resident Movie Request: *Peyton Place* (1957); Ch. 3 & May Living Room
In the small, prim New England community of Peyton Place, newcomer Michael arrives in town on the eve of World War II. He is soon involved with the gorgeous but prudish shop owner Constance, who keeps some secrets. 2h 37m.
- 1:30 PM Rummikub with Colin; Art Room
Join us for a relaxed and friendly game gathering that's perfect for both beginners and experienced players. Whether you're learning the game for the first time or enjoy a good strategic challenge, this is a great opportunity to have fun, stay mentally active, and connect with others.
- 2:00 PM BINGO; Marcy's Bar
- 3:00 PM Entertainment: Millennium Brass Quintet, Brass Instruments; Zidell Hall
Part of the Lake Oswego Millennium Concert Band, Gary Shaner and the Millennium Brass Quintet play new arrangements of "happy" jazz music, including Queen, Billie Joel, ABBA, and more.
- 7:00 PM Resident Request Encore: *Peyton Place* (1957); Ch. 3 & May Living Room

Monday February 16, 2026 *Happy Chinese New Year!*

- 9:00 AM Shuttle to MJCC Pool and Fitness Center; Please sign up and meet at the front desk
- 10:15 AM Seated Yoga with Sarah; Zidell Hall
- 11:00 AM Seated Exercise with Jessica; Zidell Hall
- 1:00 PM Monday Matinee: *My Life in China* (2014); Ch. 3 & May Living Room
Everyone in the U.S. has a family story of immigration and, at some point, has had somebody leave their native country behind to search for a better life. How did they hold onto their identity? My father would always tell us his stories, but they would fall on my deaf ears until I returned to China many years later. 1h 21m.
- 2:15 PM Mazeltones Choir Rehearsal; Zidell Hall
- 3:30 PM Happy Hour: Red Lantern; Marcy's Bar
Join us for our weekly Happy Hour — a laid-back, welcoming escape to unwind, connect, and enjoy great drinks and delicious canapes. This week's cocktail features tequila, cranberry juice, lime juice, and a splash of Ginger Ale.
- 7:00 PM Joy Gevalt Purim Rehearsal; Zidell Hall
Purim Schpeel Rehearsals are underway! We will be bringing the story of Esther to life with costumes, music, and plenty of laughter. Through reading the story, practicing scenes, and adding fun songs and improv, they're not only building confidence and teamwork but also lifting up the joy. We can't wait to share their festive performance and celebrate together!
- 7:30 PM Movie Encore: *My Life in China* (2014); Ch. 3 & May Living Room

Tuesday February 17, 2026 *Happy Birthday Paul M.!*

- 9:00 AM Shuttle to MJCC Pool and Fitness Center; Please sign up and meet at the front desk

Rose Schnitzer Manor Weekly Activities

- 10:15 AM Seated Yoga with Nurit; Zidell Hall
- 11:00 AM Combo Exercise with Fernando; Zidell Hall
- 1:00 PM Chaplain Chat with Jim Berry; Brown Activity Room
- 2:00 PM BINGO; Marcy's Bar
- 3:00 PM Scrabble; Art Studio
- 7:30 PM Cathy's Cultural Movie: *Elie Wiesel- Soul on Fire* (2026); Ch. 3 & May Living Room
Learn about Elie Wiesel, Holocaust survivor and Nobel Peace Prize winning author of *Night*. After his internment at Auschwitz and liberation from Buchenwald, Wiesel became a journalist in France before immigrating to America. Over the course of his life, Wiesel fought the "sin of indifference" by writing, teaching, speaking truth to power and championing for human rights. 1h 28m.

Wednesday February 18, 2026

- 9:00 AM Shuttle to MJCC Pool and Fitness Center; Please sign up and meet at the front desk
- 10:15 AM Seated Yoga with Nurit; Zidell Hall
- 10:30 AM LE Café: Cherry Blossom; Marcy's Bar
Step into our weekly café, where the aroma of coffee fills the room and time slows down—perfect for unwinding, catching up, or simply enjoying the moment. This week's special features cherry and white chocolate.
- 11:00 AM Strength and Balance with Jessica; Zidell Hall
- 1:00 PM Wednesday Movie: *Greenwich Village* (1944); Ch. 3 & May Living Room
A speakeasy owner secretly steals tunes from a young composer who has fallen for the club's headliner in this musical also featuring Carmen Miranda. 1h 22m.
- 1:00 PM The Jewish Course of Why with Rabbi Menachem; Marcy's Bar
Rabbi Menachem will discuss the meaning behind many traditions in Judaism.
- 1:30 PM Resident Council Meeting; Zidell Hall
Resident-led, resident-run opportunity to lend your voice. Raffle prizes available.
- 7:00 PM Jewish Community Orchestra Rehearsal; Zidell Hall
- 7:00 PM Rummikub; Marcy's Bar
- 7:30 PM Wednesday Movie Encore: *Greenwich Village* (1944); Ch. 3 & May Living Room

Thursday February 19, 2026

- 9:00 AM Shuttle to MJCC Pool and Fitness Center; Please sign up and meet at the front desk
- 10:15 AM Seated Yoga with Nurit; Zidell Hall
- 11:00 AM Tai Chi with Fernando; Zidell Hall
- 11:30 AM Outing: Dragonfly Asian Bistro; Please meet at the front desk

Rose Schnitzer Manor Weekly Activities

Casual Asian restaurant offering classic Chinese-style dishes and Asian favorites made with fresh ingredients. The bistro features a warm, modern atmosphere that's perfect for dining in. Sign up with Kaitlyn at 4054 or Fabiana at 4052.

- 1:30 PM Blissful Art Presentations: Entertaining Views of Art History; Zidell Hall
 Lynn Bliss presents: Selfies. This presentation will reveal how artists see themselves. A selfie has been around for a very longtime. We can appreciate the ways artists view themselves, both humorous and serious.
- 2:00 PM BINGO; Marcy's Bar
- 2:00 PM Joy Gevalt Rehearsal; Brown Activity Room
 Purim Schpeel Rehearsals are underway! We will be bringing the story of Esther to life with costumes, music, and plenty of laughter . Through reading the story, practicing scenes, and adding fun songs and improv, they're not only building confidence and teamwork but also lifting up the joy. We can't wait to share their festive performance and celebrate together!
- 4:00 PM Fiber Arts Club; Art Studio
 Join the Fiber Arts Club to knit, sew, crochet, or quilt! Beginners welcome.
- 7:00 PM Evening Party: Harmonies of the Heart with the Mazeltones; Holzman Dining Room
 Join the Mazeltones for an evening that celebrates love, music, and meaningful connection. This Valentine's gathering brings together timeless harmonies, warm company, and an atmosphere designed for conversation and community. Whether you arrive with a partner, friends, or simply an appreciation for beautiful music, the night promises a sophisticated blend of charm and joy. No instruments—just voices, heart, and a shared moment worth savoring.

Friday February 20, 2026

- 9:00 AM Shuttle to MJCC Pool and Fitness Center; Please sign up and meet at the front desk
- 10:00 AM Celebration of Life to Honor Shirley Nudelman; Zidell Hall
- 11:00 AM Combo Exercise with Fernando; Holzman Dining Room
- 1:30 PM Brain Fitness with Susan Carres; Brown Activity Room
- 3:00 PM "The 5 Scrolls" with a Focus on Purim; Marcy's Bar
 Art show accompanied by a discussion of Purim led by Rabbi Joseph & Reena Schultz. Reena illustrated each of the 5 Megillot, AKA the 5 Scrolls. Come to learn about them and enjoy hamentaschen.
- 7:00 PM Shabbat Service with Mark Sherman; Zidell Hall

Saturday February 21, 2026

- 10:00 AM Shabbat Service on Jewish Broadcasting Service; Ch. 21
- 11:30 AM Sacred Texts of Judaism Study Group; Brown Activity Room
- 1:00 PM Avi Grunes, Piano Project; Zidell Hall
 Join Avi, a young man who chose to play for us for his Bar Mitzvah project. He is eager to play for you and interact!

Robison Weekly Activities

Sunday February 15, 2026

- 11:00 AM BINGO; Goodman Living Room
- 1:30 PM Entertainment: Millennium Brass Quintet, Brass Instruments; Goodman Living Room
Part of the Lake Oswego Millennium Concert Band, Gary Shaner and the Millennium Brass Quintet play new arrangements of *happy* jazz music, including Queen and ABBA.
- 2:30 PM Scratch Art with Molly; Barde
- 6:00 PM Silver Screen Romance: *The Notebook* (2004); Barde
After falling in love, a young couple separates due to class differences... Only to reunite years later and confront their enduring feelings.

Monday February 16, 2026

Happy Chinese New Year!

- 10:15 AM Armchair Travel: China; Cogan Chapel
Take a trip to China... A land of majestic palaces, ancient walls, modern marvels, and a landscape as diverse as the rich tapestry of cultures that call this land home.
- 11:00 AM Seated Yoga with Sarah; Cogan Chapel
- 12:30 PM Chinese New Year Lunch In- Chinatown; Tonkin
This fun and flavorful gathering will give everyone the chance to share a meal, explore classic Chinese dishes, and connect through conversation. We'll be savoring a variety of traditional favorites - Perfect for tasting, sharing, and reminiscing about favorite foods and experiences. This lunch is all about good food and even better company.
- 3:30 PM Refreshments & Reminiscing; Goodman Living Room
Join us for a relaxing social hour designed to unwind, connect, and enjoy the simple comfort of warm drinks... Perfect for those who enjoy low-key socializing, a slower pace, and the soothing ritual of a warm drink shared in good company.
- 6:00 PM Game Night; Stern
A relaxed and fun-filled evening of competition and laughter. No need to be a game expert... Bring your sense of humor and a playful spirit.

Tuesday February 17, 2026

- 10:15 AM Morning Bakes: Orange Cookies; Stern
Start the morning with a sprinkle of joy. We'll be baking up sweet treats-filling the kitchen with warm smells, and happy chatter. Come mix, stir, and taste the fun. Today's special treat is orange cookies, a buttery treat bursting with bright citrus flavor.
- 11:00 AM Seated Yoga with Nurit; Cogan Chapel
- 1:30 PM Creative Workshop: Lunar New Year Festive Fans; Tonkin
The original Chinese fan is said to have been modeled after the full moon signifying union and happiness. For over 3,000 years fans have been used as fashion, art displays, and a way to keep cool or provide shade. Come by and create your very own!
- 2:00 PM 1:1 Chaplain Visits
Please contact Cathy Z at #4038 to request a visit.
- 3:30 PM Wheel of Fortune!; Stern
- 6:00 PM Giant Crossword Puzzle; Barde
Enjoy a peaceful and enjoyable group activity as we work together on a giant crossword puzzle. Take your time, share ideas, and have fun filling in the clues at your own pace. It's a gentle way to keep the mind active while spending time with friends.

Robison Weekly Activities

Wednesday February 18, 2026

- 10:15 AM Seated Volleyball; Goodman Living Room
Enjoy a fun and active game of seated volleyball designed for all ability levels. Play from a chair, stay comfortable, and enjoy light movement, laughter, and teamwork in a safe, supportive setting. No experience needed— just come ready to have fun!
- 11:00 AM Songbirds' Chorus; Goodman Living Room
Lift your spirits and enjoy the joy of singing together! The Songbirds' Chorus is a welcoming group where we sing familiar songs, share smiles, and enjoy the warmth of making music as a group. No singing experience needed.
- 1:00 PM Jeopardy; Stern
This activity is an engaging, interactive trivia game tailored to boost cognitive function, memory recall, and social interaction in a fun, low-stress environment.
- 2:30 PM Customs and Cultures with Rabbi Menachem; Cogan Chapel
- 3:30 PM BINGO; Goodman Living Room
- 6:00 PM Blankets & Love Stories: *Nights in Rodanthe* (2008); Tonkin
When a hurricane hits a coastal North Carolina inn, it sweeps an unhappily married woman into a whirlwind, second-chance romance with a taciturn doctor.

Thursday February 19, 2025

- 10:15 AM Spa Hour; Holzman
Take time to relax, refresh, and recharge during our soothing Spa Hour. This calming experience is designed to promote comfort and well-being in a peaceful setting. If interested, please sign up with Christian.
- 11:00 AM Seated Yoga with Nurit; Cogan Chapel
- 1:30 PM Creative Calm: Jewelry Making; Stern
Create your own jewelry in this fun and relaxing activity. Learn basic techniques, choose from a variety of materials, and leave with a handmade piece you will love.
- 2:00 PM Molly's Ice Cream Cart; Robison
- 3:00 PM Art with Donna; Tonkin
- 6:00 PM Evening BINGO; Goodman Living Room

Friday February 20, 2026

- 10:15 AM Morning Mini Match: Cup Stacking; Cogan Chapel
Morning Mini Match: Cup Stacking is an engaging activity designed to boost coordination, focus, and teamwork in a lighthearted way. We will stack and unstack colorful cups in simple patterns, and then knock them down to relieve some stress.
- 11:00 AM Seated Yoga with Sarah; Cogan Chapel
- 1:30 PM Rolling Activity Cart; Post Acute Halls
Catch us zipping through the halls with a selection of reading material, puzzle books, coloring supplies, and more.
- 1:30 PM Shabbat Shenanigans with Rabbi Menachem; Holzman
- 3:00 PM Classical Music Club; Cogan Chapel
2025 Nobel Prize Concert, Pt. 2
- 6:00 PM Shabbat Service with Virginia Gitter; Cogan Chapel

The Meaning and Story of Purim

The hero of the Purim story is Esther, whose name shares a root with / נִסְתָּר *nistar*, hidden. When Esther enters the palace of Achashverosh, on Mordechai's advice, she hides her Jewishness. It's a lie of omission. She just... doesn't mention that part of who she is. Until, of course, the time comes when the only way she can save her community is to come out as a Jew and hope that Achashverosh's attachment to her will extend far enough to save her people too. Esther's willingness to stop hiding saves the day.

Purim affirms Esther's stand against "official" silencing, abuse of power, misogyny and anti-Semitism. At first an outsider, Queen Esther used her insider power to reveal and thwart official hatred that threatened Jewish life and safety. On Purim we have the opportunity to celebrate one woman's courageous cunning to right grievous wrongs within corrupt systems. We get to honor the archetype of heroic women who stand against hatred throughout time.

There's another figure in the Purim story who's hidden, and that's God. God doesn't appear in The Book of Esther at all -- at least not overtly. God's name is never mentioned. But our mystics tell us that God isn't absent; only נִסְתָּר, hidden. In our lives, too, divine presence may be hidden. But if we search for divinity, we can experience God everywhere: not just in the spaces that look holy, like Shabbat services, but also in mundane everyday spaces that might appear secular like every encounter we have with each other.

The Esther story reminds us that there's a time for hiding, and a time for revealing. May we continually keep learning more deeply who we are and who we're becoming. May we be safe -- physically, emotionally, intellectually, spiritually -- when we veil and when we unveil, this Purim and always.

- Adapted from Rabbi Barenblatt

Rose Schnitzer Manor

Beauty Salon 4020 for appointments
Doctor Rides 4217 for appointments
Exercise Room 3rd Floor
Library/Computer Room 2nd Floor
Art Studio 2nd Floor
Stop N' Shop Monday - Thursday, 2:00 - 3:30pm

Robison Health Center

Stern Household (503) 595-7367
Tonkin Household (971) 717-7187
Barde Household (971) 717-7190
Holzman Household (971) 717-7157
Front Desk 24hr (503) 535-4300